

SBR	Monday	Tuesday	Wednesday	Thursday	Friday
6 AM					
6:30 AM					
7 AM			Living Legacy Leadership	Living Regret Free	Swimming Upstream
7:30 AM					
8 AM	Menopause Management	Women in Business	Courageously Go!	The Radiant Health Show	Your Life Program
8:30 AM					
9 AM				Art of Self Evolution	
9:30 AM			Community Cafe	Never Too Late Ever	
10 AM				Sex is Not for Sissies	Taking a Leap
10:30 AM					
11 AM	The Money Coach	Swimming Upstream			Menopause Management
11:30 AM					
12 Noon	SOB Radio Show		Your Life Program	The Rational Basis of Happiness	
12:30 PM					
1 PM	Never Too Late Ever	Move or Improve	Living Legacy Leadership		
1:30 PM					
2 PM	Art of Self Evolution	The Radiant Health Show			ThirtyFour-50
2:30 PM				The Lynne Show	
3 PM	Taking A Leap		Courageously Go!	The Money Coach	
3:30 PM	The Lynne Show				
4 PM			Sex is Not for Sissies	The Rational Basis of Happiness	
4:30 PM					
5 PM					
5:30 PM					
6 PM	Your Life Program	Women in Business	Move or Improve	SOB Radio Show	
6:30 PM			The Power of the Heels		
7 PM	ThirtyFour-50	The Rational Basis of Happiness	Women in Business	Free Time Radio	Free Time Radio
7:30 PM					
8 PM			Swimming Upstream		
8:30 PM					
9 PM			Taking A Leap		Living Legacy Leadership
9:30 PM					
10 PM			The Radiant Health Show		Living Regret Free
10:30 PM					
11 PM		SOB Radio Show		ThirtyFour-50	
11:30 PM					
12 Midnight					

<http://www.sobradionetwork.com>

<http://www.ftlauderdalecommunityradio.com>